



Hold your baby close to your face and talk in a gentle singsong voice

1 month

Your baby...

- * Loves to hear the sound of your voice
- * Likes to look at smiling faces
- * Focuses at a distance of about 18 to 25 centimetres

Tips

- * Hold your baby close to your face and talk in a gentle, singsong voice
- * Use a song or a lullaby to comfort and soothe your baby
- * As you talk to your baby, use their name often

Books



Sing a Song of Mother Goose
by Barbara Reid



Calm and Soothe
from Child's Play Ltd



Twinkle Twinkle Little Star
by Rosemary Wells

Rhyme of the month

Twinkle, twinkle, little star
How I wonder what you are.
Up above the world so high
Like a diamond in the sky.
Twinkle, twinkle, little star
How I wonder what you are!

